



Introducing religions

The importance of music in Sikhism

Dr. Haribala Kaur Vaid:

Gura Nanak Dev was the first Guru, and he sang Bani. Bani means the word of god. As a revelation of god. The Bani has to be sung in music. All the words containing the Guru Granth Sahib is a Bani.

All the hymns of Guru Granth Sahib have been divided into thirty one 'Ragas', all with music measures. And they have to be sung in this described raga they have been given. The musical measures, they have specific time and the season of ... in which they have to be sung.

By listening to Kirtan this song gradually elevates to the higher level, to the fourth stage. Where this music can be heard. It transforms you from within. And it cleans the filth from inside. And it takes the soul nearer to god.

Aasa melody is the music which is being played in universe. It's the music of god. Which is continuously being playing, but being human beings we can't really hear it with our physical ears. It can only be heard when a person retires, completely retires from mire.

At Sangat should actually be free from worldly entertain. They should be concentrating on the word of god. And it is not only the listening, we have to try to apply those teaching, which are being told to you by god, by the Granthi. They should apply into your life, and try to change your inner self. Rather than listening and leaving it here. You should take something home and apply that into your life.

(CLEAR FOCUS PRODUCTIONS)