



Living with visual Impairment

Emotional Impact

Jackie:

It was very, very frightening, that's the first word that comes to mind, I was very fearful. Physically the vision was blurred and doubled. I had lots of other things happening to my body as well through the MS but the vision was something that was probably new to me, I hadn't experienced before and I just didn't know what was happening, what was going on. I was trying to focus on an object and there were two of them or multiples of them, everything was very blurred, I was very light sensitive and I just wanted to shut my eyes and escape from the visual world, I just couldn't stand being there. I was taken into hospital and you have all the neurological examinations. These were not nice, having to look at fingers, count fingers, getting to move around and you were asked questions which in retrospect seemed a little bit, well why is he asking that? It was because he was asking me which image was disappearing and I didn't care which one was disappearing and it was really quite stressful for me to try and identify which one was disappearing, I didn't want to determine that, I just wanted it to go away and all the questions didn't really help. I needed to be calmed, I wanted to get the stress out of me rather than answer these questions about what was happening in my brain which I didn't really care about at that time, it was what I was seeing that was the problem.