



The science of the mind: investigating mental health

How do biology, psychology and social science contribute to our understanding of mental health and mental illness? How do the biomedical and biopsychosocial models compare when it comes to diagnosis and treatment? This album reveals the importance of the perspective scientists and health professionals take, and the difference it can make to treatment outcomes. The Blackthorn Garden case study illustrates a holistic approach to helping people with mental health conditions integrate themselves back into society. Clinical psychologist Neil Frude explores issues relating to both diagnosis and treatment of mental health disorders; addiction psychiatrist Emily Finch illustrates how heroin and alcohol misuse could be considered to be a mental health conditions; and research scientist Martin Rossor's discussion reveals the current position with research into treatments for Alzheimer's dementia. This material forms part of the Open University module The science of the mind: investigating mental health