



### **Introducing Health Sciences: The Pain Clinic**

We are all likely to experience pain at some stage in our lives. But, how do you deal with constant, chronic pain? Learning to manage severe pain on a daily basis takes a phenomenal amount of mental and physical strength. The 7 video tracks in this album introduce patients and doctors at the Royal Free Hospital's Pain Clinic and the Real Health Institute in London. They explore the causes of pain, the changes it brings to the lives of sufferers and the ways in which drugs, surgery, physiotherapy and cognitive therapies can help control it. This material forms part of the course SDK125 Introducing health sciences: a case study approach.