



## **Introducing Health Sciences : Trauma, Repair and Recovery**

*Falling: Hermine's Story*

### **Woman**

I had my first fall near where I live, near here, and I was actually going to the doctor and I fell, just didn't allow for the kerb and I just fell on my face which was very nasty, and it was in the morning and there weren't many people about but, luckily, somebody came and he picked me up and there was a lot of blood and that, and then he took me home and he also 'phoned ambulance, but the postman said he did as well, and of course then having gone to the, supposed to have gone to the doctor I had to cancel, he cancelled the appointment to the doctor and then, you know, I was put into the ambulance and I had to do different things before they drove off, and they took me to King's College Hospital, and I was there best part of the day, you know they had to do different things and it just kept on bleeding until they put stitches in the nose and my chin and that, and so it was very nasty. I was brought home afterwards, I didn't have to stay in, and I can't quite remember what happened afterwards, after the fall they recommended that I go to Dulwich Library, to Patrick, and I was getting on very well 'cos now I find as I'm getting worse I can't do the things that I did in the beginning with Patrick because I'm not very steady, and he's very good, he asked me to use the stick, or he helps me. I think there's all different people and they have different things. Some had hip operation, they're sort of quite different, to me this is sort of ongoing and I'm not going to get any better because of the spine, but I still like to go.