



Introducing Health Sciences: Visual Impairment

Access to Healthcare in South Africa

Commentary

Due to the spread of a western type diet diabetes in adults is a growing problem in many parts of the world, including in rural communities in South Africa. But the eye clinic on Phelophepa cannot help them. How long will it be for treatments for chronic eye conditions such as diabetic retinopathy reach these people who wait so long just to be fitted with spectacles for short-sightedness? The Phelophepa health train only comes through Thaba Nchu every two years. Without optometrists opening clinics in this area it's the only source of eye care for half a million people.

Women

You do want to go out there and help but it's difficult, you've got a, you know, I don't know, I don't even know how...

At the end of the day you've got to make that decision that you're going to sacrifice a lot of what you have...

...and see if you can actually come to that decision, if that's going to be your type of lifestyle...

I mean we didn't even have a thousand people and...

I think if we stayed here for another two or three weeks we still wouldn't have helped everybody...

No.

Train announcement

Dr Lillian Cingo

Together we've done a lot and can still do so much. Thank you.

SINGING