



## **Diabetes Care**

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At least 171 million people worldwide have diabetes, and this figure is set to double by 2030. This chronic condition, which occurs when the body cannot produce or effectively use the insulin it needs, can be the cause of many serious health complications leading, amongst other problems, to blindness, foot ulcers and kidney failures. This album is a must-watch for diabetes sufferers and medical staff training to work with diabetes patients. Six video tracks introduce various aspects of a patient's diabetes annual check-up, and the accompanying 'activity' files can be used while watching the videos to increase your understanding of how to control diabetes. The main audio track gives background information on the history of diabetes and information on how patients can help to manage their own condition. This material forms part of the Open University course SK120 Diabetes Care.