

OpenLearn interactive

What makes a good father?

Narrator:

What is it about a man that makes people think, 'oh he's such a good father!'

Is it the things a father says, or does (or doesn't do), that makes him 'good'?

Maybe it is how he provides for and protects his family, or perhaps it is being closely involved in the care of his children day-to-day, always making sure needs are met that makes for a great dad?

Sometimes, it might not even be about what he does for his children that makes them think of him so fondly, but rather in his dealings with strangers, friends, and family...role modelling all of those verbal and non-verbal ways a good person should show love and support.

What you think of, when you think of a good father, will depend on your own personal worldview, made up of your experiences, upbringing and unique beliefs.

But is there an ideal that's backed by research that all fathers should strive for?

A single, universal, once-and-for-all answer that ensures positive development and happiness in their children, whilst affirming one's own identity and wellbeing?

To answer these complex questions, explore this interactive quiz on OpenLearn. Where you will learn about the changing and diverse ideas of 'what makes a good father'.